
Ditch the Online Duds—Get Studs! How to Find “*The Right One*” Online

Get Better Dates and Find Your Mr. Forever on a Dating Site? Yes, it *is* possible!



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Dating, Love and Relationship Expert

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Who's Anna??

Author Bio

Anna Jorgensen is a dating, love and relationship coach in Western Canada.

Her formative years were in remote logging camps with a largely lumberjack population and a lot of naked-lady wallpaper.

Remote logging camps with a bunch of uber redneck men do two things to a little girl:

1. Instil a formative understanding of the innate male mind—woohoo!
2. Shelter her into developing crippling shyness—damn it.

Despite severe social anxiety, Anna felt comfortable around men and when she became a young adult she went after the ones she wanted. And got rejected. Several times.

After these rejections— and getting a guy that shortly thereafter dumped her—she studied and more importantly practiced how to “get the guy.”

Anna got good at getting bad boys but getting the guy doesn't mean the guy is good to get. Nonetheless, she learned how to get guys—as in: understand them. (And get them —as in: Yay! He's mine!!! or maybe: Yay? Do I really want him??)

After taking a four year sabbatical from relationships to self-study “WTH is wrong with my ‘picker’?” Anna figured it out and now teaches men and women how to “get” each other so they can get the right mate.

Fast track to the fun bits of lasting love so you never have to see that lonely sock in laundry room again? Yes, please and—yay!!

Cut to: big smiles, clapping hands, happy ending, rolling in the sheets, roll credits.

Disclaimer: This ebook has sarcasm, political incorrectness, cheeky bits and swears. The first step to getting the (right) guy is being able laugh at ourselves and the ridiculousness of dating, love and life. We've all fallen, we've all been there. We might as well lighten up, because that shit just feels better. (Plus, men like happy gals.)

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How To “Package Yourself Pretty” So Mr. Right Selects You from the Online Dating Shelf!

First of all, don't get pissy about the title of this chapter. You're going to be selecting, too. And, reality land shows that he checks out your whole package—as in what the box on the shelf looks like (your photos) and if that appeals to him, then he might read the ingredients (your written profile.)

Ladies, here's what I understand about guys and why you give a care:

1. Most guys aren't big on reading relationship advice, so it's up to us to weed through the weirdos and do the dirty digging to find a good one. I know it's not fair, but the sooner we get over it the better we feel—and the sooner you find a good man right for you!
2. There are a lot of good men out there! I meet them all. the. time. Men get a bad rep because we women don't know how to deal with them. So here's the deal: I'm sharing their instruction manual. How much easier can it get than that?

My next eBook for women will have a magic pill that will make us all rich, skinny¹ and happy. Or just rich? skinny? Ok, it'll make you you and happy. And, I'll throw in a photoshopped image of you with _____ (insert: favourite celebrity crush).

How to get the most out of these tips:

Read tips. Apply them to your profile—STAT.

¹ Side note: If you're not a skinny wench but you're a happy camper then you laughed at that not-PC skinny joke. If you didn't laugh, we got a work on that—cuz PC isn't the problem.

Top 10 Tips for Online Pics

Men are visual creatures. Beware? No, just be aware.

So... you know how when you go on a guys's profile page you read his whole wordy—or often barely there—profile before ever looking at his photos?—Oh, wait, what's that? You *don't* read his written bit first (*cough*) sometimes *at all*??

Well ... he doesn't read yours either. Not until you've passed the pic test.

Remember the motto for understanding men: the sooner we get over it the better we'll feel. Yeah, that.

Online Dating 101: Top 10 Tips for Chicks on Pics—Photos

1. Do post a current photo that is a *true likeness of yourself today*. Just like you wouldn't want to be surprised by the guy's appearance when you finally meet, he doesn't want surprises either.
2. Don't post only one photo. Your life is bigger than one photo can show. If it's not, you need to work on that to become a better catch. Sorry, ladies, there's no sugar-coating it: you'll feel a lot better about life while waiting for the Universe / God / Whatever to deliver Mr. Right.
3. Do post only the photos that represent your true best self. Key words: *true best self*. In other words, you want them to be realistic to what you really look like, but not when you're making "ugly face," or you're at the spa, or you've just watched *The Notebook* and had a good cry. Save those goodies for when you've met, fallen in love, and done the nasty—not necessarily in that order! Save them for when he's already enamoured and can't click "next!"
4. Don't post photos that were taken at such an angle as to visually trick the dude into thinking you look ten years younger (/pounds lighter) than you are. Hint: if you meet the guy, the jig is up! Own it, sista! I swear on a stack of grilled cheese sammiches that there is a guy out there who will adore the real you. Let him find you.

5. Do smile in your main photo and in at least one of every other three photos you post. This whole mysterious pout syndrome is silly. Guys hate fish lips but do like happy campers. Note: no camping required. Honestly, is anyone looking for a downer? If you are, I'm sure there's a site for that.
6. Don't don't don't choose cleavage *and* legs. Pick one or the other and limit it to one photo. If you want attention, sure, post both. If you want a husband (or non-marriage equivalent), be classy. Or at least *seem* classy. Sheesh. You've got more to offer than your body, no?
7. Do have more to offer than your bod—"hot" or not. Stats show that men are visually, sexually attracted to *most* women but *they are only attracted to a few for long term*. You determine the category by what you show them. First impressions last, ladies!
8. Don't post any of these photos: you with a cropped out ex; you with a bunch of drunken partiers; you and your furry little friends in every shot; you in any fish-lips selfies(!); or only you going-out-glam. Why? No guy wants to think of you with another man, wants to imagine that you're a party girl, feels he has to compete with Fifi, or has to deal with what he sees as "high maintenance"—which is what he will think when he sees fish-lip pics and a lot of glam, unless that is your life. (OMG, thank you Kardashians for reading this!)
9. Do post a photo that shows your full physique tastefully. Remember, guys like all shapes and sizes—*not surprises*.
10. Don't Photoshop your photos! You wouldn't want a liar; neither does he.

These are the Top 10 Tips for Chicks about dating site photos. I've also got Tips for Chicks on How to Rock That 1st Date and Leaving Him Drooling for More.

But first, more juicy tips...

Top 10 Tips for Online Bios

How to Inspire Him to Actually Read Your Whole Dang Profile.

Remember how I wrote that guys don't read relationship advice? Well, they will read your dating site profile bio... IF it's worth reading.

Most bios are (*yawn*)—boring! If you got past the pic test, this is where you reel him in! Or lose that fish. You want to be the one to decide if he's a keeper or a throw back, but you've got to keep him on the line to have that opportunity.

Online Dating 101: Tips for Chicks on The Written Bits—Bio

1. *Show, don't tell*—meaning *be creative*. Everyone writes *fun, funny, loyal, etc.* Boring! *I stick by my man when the chips fall. Better! I'm a fair weather hiker but I will race you to the top when we get close. I may even let you win *wink** Now you're talking!
2. Don't write too much in your profile. Men have short attention spans. Generalization is for a reason!
3. Separate your bio write-up into short paragraphs—easier to read and keeps his attention longer.
4. Don't be Negative Nelly. We've all been burned. Stay positive; jaded isn't sexy. Try: *Hey fellas I want a family one day. Not today—but one day! Accepting resumes if do, too.*
5. Know—and add to—your profile write-up your Top Five Must-Haves in a man—not 10 not 100. But, Anna, won't that scare some guys away? Yes! Thank God. (My online WakeUp2Luv program shows you how to figure out what you really want, not what you think you want. Note: you get what you ask for. Be careful what you ask for!)
6. Don't put a long list of pet peeves. Hint: pick three. As an example, here are mine: pot, porn, too much port—no boozers, please.

7. Do add a Call To Action. What's a Call To Action? ... *Call now!* Only use that one if you've got the sense of humour to go with it. Otherwise, be true to your personality. Another example: *If you like my profile, I'll know you're interested if you email me.* Guys work well with specific direction. If you don't put in a Call To Action, he might just like your profile or save it or assume that because he viewed it, you might think he is interested. Invite him to contact you.
8. Don't lie. About anything. Anything². Kids, job, STDs. It's okay to leave out a few things (the STD convo is best dealt with in person, though before you get bif naked), but do be forthright about the biggies: kids and appearance are big to most men.
9. Do add a short list of what turns you on. Not sexually. Men don't have women's playbooks. Key word: books, *plural*. We women have different needs. They, men, haven't got a clue. We must give them clues: *I love receiving flowers! They inspire me to be an amazing girlfriend!* or *I'm not the kind of gal who likes gifts, I prefer a random phone call. Even if just a quickie to let me know my man is thinking of me.* The fellas who speak your love language will instantly connect.
10. Don't try to be someone you're not. Be yourself. Pretending to be someone else is exhausting. (Trust me, I've tried it!) If your best friend read your profile, would they think it's accurate? Be honest with yourself; this is a (hopefully) forever role, and you're going to have to play it.

These are the Top 10 Tips for Chicks about dating site photos. I've also got Tips for Chicks on How To Get Date Two to Forevrrr With Your Prince Charming.

But first, a few more juicy tips...

² I lied. Yep, I'm going back on my own word here. If you're over 50 but look *and act and feel* at least 10 years younger: lie if you like. My rule of thumb: you get a 5 year lie leeway in your 50s, 10 year in your 60s+ unless you're on a "for mature folk" dating site. Always fess up in the written bit! Example: *Hey, I detest lying as much as you do and I also know men filter by age (right??) and you might not have found me—and here I am fessing up. I'm 52 (or 60 or 65 etc) but I look and feel ___.*

Don't shoot the love messenger: me.

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Top 10 Tips for 1st Contact

Unless You're Name is Jessica, Jennifer or ends in Kardashian...

“Liking” or saving a good man’s profile isn’t enough. If he catches your attention, chances are he has about three trillion women who have “liked” him.

You must stand out by contacting him. The goal is to intrigue him—or at least make him curious. But what to write?

In chick lingo: a soufflé is a beautiful thing, and delicate. (<—And that *seems* sexist, but my understanding of men and women is why I’m successful as a dating, love and relationship coach.)

Online Dating 101: Tips for Chicks on Reaching Out—Connecting!

1. Do initiate communication with a man you are interested in. Liking his profile isn’t enough. If he’s a good one, he has about three trillion women who have “liked” him. You must stand out by contacting him.
2. Don’t contact him if you are not what he is looking for. How do you know? Read his profile. If he says he doesn’t want kids, strangely it actually means *he doesn’t want kids*. If you do, you are not a match. Save your time and look for someone who does. Another pet peeve I hear often from men: If you say your physical build is “athletic”, it means you are fit and not carrying *what most guys consider* extra weight, not that you are curvy and can climb 2000 stairs. Don’t shoot the messenger, this is what men tell me. (If you’re voluptuous, own it, ladies!! Confidence is sexy.)
3. Do be clear and precise! Guys don’t speak “hint.” (Thanks, Mat Boggs). Sending a message without a clear question at the end makes it challenging for most guys to respond. For example, *I see you like hiking, me too ...* limits where he can go with a response. Instead, try this: *I see you like hiking. I love the Grouse Grind. What are your favourite hikes in the area?* This opens up a conversation.

4. Don't get pissed off and send him a snarky message if he doesn't reply. If he isn't feeling it in your profile and doesn't reply, then he's not wasting your time. (You don't like every dude that emails you, do you?) Next.
5. Do be courteous in all communications. Yes, even if he is a dick. An angry lady doesn't do anyone any good. Leave him on his dirt path and take the high road. If it makes you feel better, delete and/or block.
6. Don't be too sexual-flirty early on. Even though this will get his attention, you'll be placed in the "for a good time not a long time" box because he'll only want ... in your box. If that.
7. Do keep it classy-flirty early on. There has to be a bit of sexual tension for him to see you as a potential partner and not just a fun friend. It's a fine line, my friend. Enquire within.
8. Don't send or accept explicit photos until you've actually seen each other naked in person! Matt Hussey has a great line for how to handle a situation when a guy sends or asks for "those pics": *I'm sorry, but I think you have me confused with a future me that has gone on several (more) dates with you.* #Brilliant!
9. Do give the guy the benefit of the doubt. If he hasn't replied right away, or even for a few days, assume he's busy shucking oysters at a charity event and his hands are all clam-juicy ... not the other clam-juicy you're thinking!
10. Don't assume the worst! No. Don't do it. You'll only suffer. And why suffer when you don't have to! True story: I liked a guy's profile, and he emailed me, and then I had a bunch of shit happen in my life (given short notice to move, told mom went into hospital back in my childhood hometown). I didn't get back to him right away. Six days later (while I was now out of town and still distracted by said shit), he sent me another email: *I guess you're not as nice as your profile says ... blah blah blah.* Bet you can guess what category I shovelled him into. Don't be that gal who assumes.

*

Summary

A Goddess Is...

You!

You are on your way to your sexiest self. Truth. I know this because I know you already are a Goddess, we just gotta pull her out from hiding. I'm whoop-whoop-rooting for you. Because I'm a woman and we rock!

Thank you ladies, for reading the Top 10 Tips for Chicks for dating sites! I hope you're inspired to set some new standards—for yourself and for the next guy that might be your Mr. Right.

Wingmam ebooks and programs are for brave women (you!) looking for a long term love relationship and that want to skip all those Tinder Bingo *players*.

Comments, questions and dating disaster stories welcome—encouraged, in fact!

If you didn't get my ebook, *Rock the 1st Date!*, you can still get it by going to www.wingmam.com/women/products.

#laughtogether

xo
Anna

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